



# ANNUAL REPORT

2024

New Myanmar Foundation

***Published on: 23rd July 2025***

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## TABLE OF CONTENT

Message from Executive Director	1
Organizational Introduction	2
• Basic Food Support Program	3
• Safehouse Program	4
• Human Rights Program	5
• Community Healthcare Program	6
• Job Facilitation Program	7
• Inside Burma Support Program	8
• Basic Motor Sewing Machine Training	9
• Thai Language Training	10
• Agricultural Training	11
Data Summary	12
Milestone	13
Risks, Complications & Mitigations	14
Summary	15
Acknowledgement	16

## Message from Executive Director

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'USE YOUR LIBERTY TO PROMOTE OURS' (Aung San Suu Kyi).

"Our country is in unprecedented socio-economic and political crisis. The people are suffering uttermost hardships under the harsh repression of the military. We have to use our space and time to support, promote, and empower them in their struggle to overcome hardships and achieve their liberty. Peace without freedom is not a solution for our people. Life without basic human rights is the same".

Dr.Sann Aung

Executive Director  
New Myanmar Foundation



## ORGANIZATION INTRODUCTION

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The New Myanmar Foundation (NMF), founded in 2008, originally focused on civic engagement and democratic development. After the 2021 military coup, the organization faced severe repression, leading to its relocation to the Myanmar–Thailand border. Since then, NMF has expanded its work to include humanitarian support—such as food, shelter, healthcare, vocational and language training, and disaster response—while continuing to document human rights violations and advocate for democracy through partnerships and international outreach.

### **Our Objectives**

- To provide emergency humanitarian assistance to the Burmese people facing humanitarian crisis after the military coup.
- To empower the people, especially vulnerable women, with knowledge, social networks and social support so they can actively protect both their own rights and of the community.
- To encourage civic engagement of the people

### **Our Goals**

To build a nation flourished with democracy, human rights, rule of law and equality.

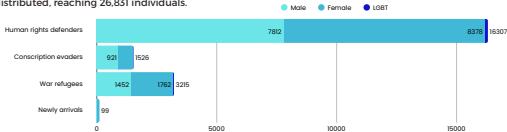
### **Our Values**

- Love, Kindness, Empathy and Support to others.
- Ensuring all Inclusiveness.
- Transparency and Accountability.
- Impartiality and Independence.

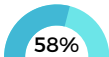
## BASIC FOOD SUPPORT PROGRAM

NMF's basic food support program, initiated in February 2022, has been providing both in-kind and in-cash food assistance to Burmese migrant communities residing in Mae Sot. In 2024, a total of 21,147 individuals have been supported with food packages, including 16,307 human rights defenders, 1,526 conscription evaders, 3,215 war refugees, and 99 newly arrived individuals who received emergency food packages.

Since the start of the program in February 2022, a total of 45,954 monthly food units have been distributed, reaching 26,831 individuals.

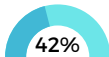


**In-kind unit distributed**



16395 Units

**In-cash unit distributed**

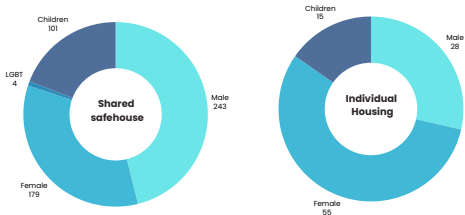


11760 Units

## SAFEHOUSE PROGRAM

NMF's Safehouse Program, initiated in April 2021, has been providing shelter assistance—either in shared safehouses or individual housing—to Burmese migrant communities residing in Mae Sot. In 2024, a total of 625 individuals have received shelter support, including 527 in shared accommodations and 98 in individual housing.

Since its commencement, the program has provided shelter assistance to 2,262 individuals, comprising 1,074 males, 987 females, 9 LGBT individuals, and 192 children.



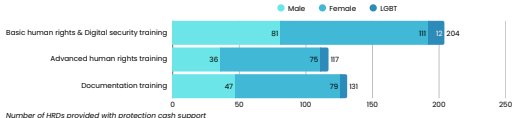
## HUMAN RIGHTS PROGRAM

NMF's Human Rights Program, initiated in February 2023, aims to document human rights violations and strategically raise awareness of Myanmar's human rights issues among local, regional, and international communities. It also seeks to engage with international justice and accountability mechanisms, as well as provide protection support.

Three local partner organizations have collaborated with NMF in implementing all program activities, including documentation, training, protection, networking, and advocacy.

In 2024, human rights training sessions were delivered to 452 individuals, comprising 164 males, 265 females, and 23 LGBT individuals. Additionally, 27 human rights defenders received emergency cash support as part of the program's protection efforts.

Finally, the program produced 12 monthly briefs, 2 quarterly reports, 2 thematic reports, and the 2024 Annual Report on human rights violations in Myanmar.



Males

16



Females

11

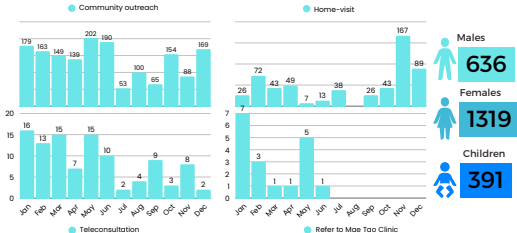
[Visit Human Rights Program's Facebook to explore reports](#)

[Visit New Myanmar Foundation's Website to explore reports by HRD program](#)

## COMMUNITY HEALTHCARE PROGRAM

NMF's Community Healthcare Program, initiated in June 2022, has been providing basic healthcare services to Burmese migrant communities residing in Mae Sot. In 2024, a total of 2,346 patients received healthcare services, including 1,651 community outreach treatments, 573 home visits, 104 teleconsultations, and 18 referrals to Mae Tao Clinic.

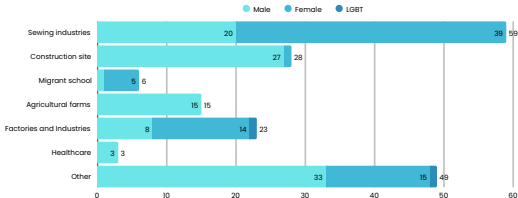
Since its commencement, the program has provided healthcare services to 3,794 patients, comprising 1,024 males, 2,108 females, and 662 children.



## JOB FACILITATION PROGRAM

NMF's Job Facilitation Program, launched in November 2023, has been supporting Burmese communities in Mae Sot by assisting them with job placements. In 2024 alone, the program facilitated employment opportunities for 183 individuals—including 106 men, 75 women, and 2 LGBT individuals—across various sectors such as sewing factories, construction sites, migrant schools, garment factories, and small local businesses.

Since its inception, the program has provided job placement services to a total of 387 people, consisting of 209 men, 176 women, and 2 LGBT individuals.

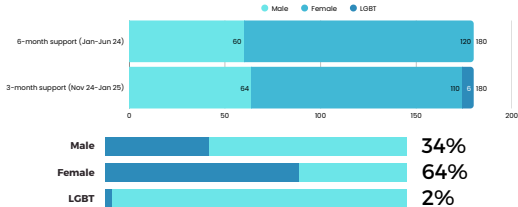


## INSIDE BURMA SUPPORT PROGRAM

NMF's Inside Burma Support Program, initiated in December 2021, has been providing emergency cash support to human rights defenders and pro-democracy activists running inside Myanmar.

In 2024, a total of 180 human rights defenders (including 120 females and 60 males) received six-month cash support. Additionally, another 180 individuals received three-month cash support, comprising 110 females, 64 males, and 6 LGBT individuals.

Since its commencement, the program has provided emergency cash assistance to 6,508 human rights defenders and pro-democracy activists, comprising 3,363 males, 3,134 females, and 11 LGBT individuals.

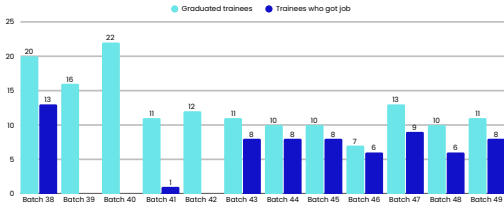


## BASIC MOTOR SEWING MACHINE TRAINING

NMF's Basic Motor Sewing Machine Training Program, initiated in February 2022, has been providing vocational training to Burmese migrant communities residing in Mae Sot, with a focus on fostering job placement and income generation, particularly for women and youth.

In 2024, a total of 12 training sessions were conducted for 153 participants, including 41 males, 108 females, and 4 LGBT individuals. Of these, 67 participants were successfully placed in sewing-related jobs, comprising 22 males, 44 females, and 1 LGBT individual.

Since its commencement, the program has delivered 49 training sessions to 504 participants, of whom 343 have been successfully placed in jobs.

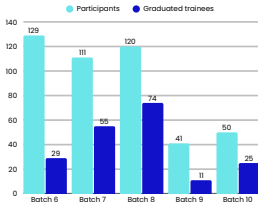


## THAI LANGUAGE TRAINING

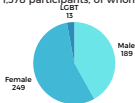
NMF's Thai Language Training Program, initiated in March 2022, has been providing training to Burmese communities residing in Thailand to reduce language barriers and improve access to basic services such as food, shelter, and healthcare.

In 2024, a total of 5 training sessions (each lasting three months) were conducted for 451 participants, including 189 males, 249 females, and 13 LGBT individuals. Of these, 194 participants successfully graduated, comprising 77 males, 115 females, and 2 LGBT individuals.

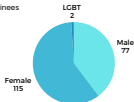
Since its commencement, the program has delivered 10 training sessions to 1,378 participants, of whom 451 have successfully graduated.



Number of participants



Number of graduated trainees

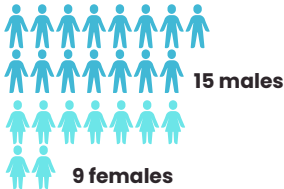


## AGRICULTURAL TRAINING

NMF's Agricultural Training Program, newly launched in October 2024, has been providing agricultural skills training to Burmese communities residing in Thailand to enhance job opportunities—either by joining agricultural farms or running their own.

In 2024, a total of 3 training sessions (each lasting one month) were conducted for 24 participants, including 15 males and 9 females. The program resulted in the production of 1,625 kg of crops, which were distributed to 7,969 Burmese individuals across migrant schools, Mae Tao clinics, safehouses, and municipal areas.

*Number of trainees*



*Yield (Kg)*



*People distributed with crops*



## DATA SUMMARY

Name of the Program	Number of beneficiaries up to the end of 2024
1. Basic Food Support Program	26,831 individuals
2. Safehouse Program	2,262 individuals
3. Human Rights Program	1,253 individuals
4. Community Healthcare Program	3,794 individuals
5. Job Facilitation Program	387 individuals
6. Inside Burma Support Program	6,508 individuals
7. Basic Motor Sewing Machine Training	504 individuals
8. Thai Language Training	1,378 individuals
9. Agricultural Training	24 individuals
<b>Grand Total</b>	<b>42,941 individuals</b>

## MILESTONES

- Expanded humanitarian support in response to increased migration following Myanmar's forced conscription law, scaling up food, shelter, healthcare, protection, and training programs.
- Operated 11 safehouses following SPHERE standards; staff completed Sphere Champion certification to ensure high-quality care.
- Trained over 450 human rights defenders and produced regular reports documenting violations; provided emergency cash support to frontline activists.
- Delivered healthcare services to more than 2,300 patients through clinics, home visits, and teleconsultations.
- Conducted vocational and language training for over 600 participants, enhancing skills and job opportunities.
- Strengthened organizational capacity through Psychosocial First Aid training, recruitment of experienced staff, and active networking.
- Strengthened partnerships and networking with local organizations to respond effectively to gender-based violence and natural disasters, including the 2024 floods in Myanmar.

## RISKS, COMPLICATIONS AND MITIGATIONS

The NMF is a refugee-led local organization based in Thailand and most of the staff are refugees who fled to Thailand but not seasoned NGO staff. Many are talented and seeking for life development including refugee resettlement or scholarship programs. As a result, there are risks faced by NMF including security, limited financial, human resources, and knowledge in Thai context, and a moderate turnover rate.

All risks were mitigated by all practical means. Activities were done in a very low profile; local and legal security documents including work permits were procured for all staff and volunteers; and Thai laws and local regulations and practices were strictly abided by. A friendly relationship with the local community was created. Funding opportunities have been actively searched for. We are striving for recruiting skilled and well-experienced staff, organizational development and individual capacity building. Psychosocial First Aid (PFA) training was provided to all staff to equip them with essential skills to recognize and respond to stress and trauma within themselves, their colleagues, and the communities they serve. This training enhances staff resilience, promotes a supportive work environment, and improves the quality of care and protection offered to beneficiaries facing complex emergencies.

The Safehouses are managed in strict accordance with SPHERE standards to ensure the safety, dignity, and well-being of residents. Additionally, staff members have completed the Sphere Champion Certificate course to deepen their understanding and implementation of humanitarian best practices.

A staff member with proven knowledge and experience in working in public services was recruited. Moreover, networking activities have been actively conducted.

## SUMMARY

In 2024, the Myanmar military's activation of forced conscription laws in February triggered a significant influx of Burmese migrants and refugees to Mae Sot, Thailand, dramatically increasing the need for humanitarian assistance. In response, NMF expanded its programs to meet the growing demands, scaling up food, shelter, healthcare, protection, and vocational training services.

Despite ongoing political instability and resource constraints, NMF continued to strengthen its support for vulnerable communities, including human rights defenders, war-affected populations, and migrant families. The organization remains committed to providing lifesaving aid while advocating for justice and democratic restoration in Myanmar.

International solidarity and sustained support remain vital as the crisis deepens, and the people of Myanmar persist in their struggle for freedom and dignity.

## ACKNOWLEDGEMENT

New Myanmar Foundation has successfully implemented the emergency assistance programs and vocational skill trainings which were expanded wider in 2024 due to the generous contributions by local, national, and international donors. We would like to express our highest gratitude to all the donors, partners, and staff for their contributions to the people of Myanmar, and also for working together with us.



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